

**PHYS 4410**  
**Quantum Mechanics 2**  
**Spring 2023**

**Lecture 21**

**Exchange interactions**

March 10

1 lecture 20: variational principle.

for any state  $|\psi\rangle$

$$\frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} \geq E_0.$$

Strategy: look for  $|\psi\rangle$  out of some set ... w/ lowest E.

Qualitative ground state

Today: 2 interacting spin-1/2 electrons in potential well.  
whether spin singlet or triplet has lower energy.

(HW 7: Problem 3)  $(p^2/2m)$

Our model:  $H = H_1 + H_2 + V_{\text{int}}$   
                  ↑                  ↑                  ↙  
                  first particle  second particle  interaction potential

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Review lecture 8: if  $H = H_1 + H_2$ 

$$\psi_1(x) = \sqrt{\frac{2}{L}} \sin \frac{\pi x}{L}$$

$$= \frac{p_1^2}{2m} + \frac{p_2^2}{2m} + \begin{cases} 0 & 0 \leq x_1, x_2 \leq L \\ \infty & \text{else} \end{cases}$$

What's ground state?

$$|0\rangle = |1, 1\rangle \otimes \frac{\begin{matrix} s_1 s_2 \\ |\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle \end{matrix}}{\sqrt{2}}$$

spin-1/2  $\rightarrow$  fermion

$$P_{12} |\psi\rangle = -|\psi\rangle$$

particle exchange

First excited state 4-fold degeneracy:

$$|S\rangle = \frac{|12\rangle + |21\rangle}{\sqrt{2}} \otimes \frac{|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle}{\sqrt{2}} \quad \left. \vphantom{\frac{|12\rangle + |21\rangle}{\sqrt{2}}} \right\} j=0$$

$$|T_1\rangle = \frac{|12\rangle - |21\rangle}{\sqrt{2}} \otimes |\uparrow\uparrow\rangle$$

$$|E_0\rangle = \frac{|12\rangle - |21\rangle}{\sqrt{2}} \otimes \frac{|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle}{\sqrt{2}} \quad \left. \vphantom{\frac{|12\rangle - |21\rangle}{\sqrt{2}}} \right\} j=1$$

$$|T_2\rangle = \frac{|12\rangle - |21\rangle}{\sqrt{2}} \otimes |\downarrow\downarrow\rangle$$

$$|\psi\rangle = |\text{position}\rangle \otimes |\text{spin}\rangle$$

$$\text{odd} = \begin{matrix} \text{even} \otimes \text{odd} \\ \text{odd} \otimes \text{even} \end{matrix}$$

3 Turn on interaction:  $H = H_1 + H_2 + V_{\text{int}}$

$$V_{\text{int}} = U(|x_1 - x_2|)$$

Variational principle:  $|0\rangle, |s\rangle, |t_1\rangle$  as "trial g.s. wave functions"

$$\begin{aligned}\langle 0|H|0\rangle &= \langle 0|H_1 + H_2 + V_{\text{int}}|0\rangle \\ &= 2E_{n=1} + \langle 0|V_{\text{int}}|0\rangle = \frac{\hbar^2 \pi^2}{mL^2} + \langle 0|V_{\text{int}}|0\rangle\end{aligned}$$

$E_n = \frac{n^2 \hbar^2 \pi^2}{2mL^2}$

$$\langle s|H|s\rangle = E_1 + E_2 + \langle s|V_{\text{int}}|s\rangle = \frac{5\hbar^2 \pi^2}{2mL^2} + \langle s|V_{\text{int}}|s\rangle$$

$$\langle t_1|H|t_1\rangle = \frac{5}{2} \frac{\hbar^2 \pi^2}{mL^2} + \langle t_1|V_{\text{int}}|t_1\rangle$$

4 If  $|\psi\rangle = |\text{position}\rangle \otimes |\text{spin}\rangle$ , then

$$\langle \psi | V_{\text{int}} | \psi \rangle = \langle \psi | U(x_1 - x_2) \otimes \mathbb{1} | \psi \rangle$$

$$= \langle \text{pos} | U | \text{pos} \rangle \otimes \langle \text{spin} | \mathbb{1} | \text{spin} \rangle$$

$$= \int_0^L dx_1 \int_0^L dx_2 U(x_1 - x_2) |\psi(x_1, x_2)|^2.$$

$$\langle 0 | V_{\text{int}} | 0 \rangle = \langle 11 | U | 11 \rangle = \int dx_1 dx_2 U(x_1 - x_2) \underbrace{\left| \frac{2}{L} \sin \frac{\pi x_1}{L} \sin \frac{\pi x_2}{L} \right|^2}_{|\psi_1(x_1) \psi_1(x_2)|^2}$$

$$= \int dx_1 dx_2 U(x_1 - x_2) \underbrace{|\psi_1(x_1)|^2}_{\text{prob. } x_1} \underbrace{|\psi_1(x_2)|^2}_{\text{prob. } x_2}$$

$$= J_{11} \quad (\text{direct interaction})$$

$$\begin{aligned}
 \boxed{5} \quad \langle s | V_{\text{int}} | s \rangle &= \int dx_1 dx_2 U(x_1 - x_2) \left| \frac{\psi_1(x_1)\psi_2(x_2) + \psi_2(x_1)\psi_1(x_2)}{\sqrt{2}} \right|^2 \\
 &= 2 \cdot \int dx_1 dx_2 \frac{1}{2} |\psi_1(x_1)|^2 |\psi_2(x_2)|^2 U(x_1 - x_2) \} J_{12} \quad (\text{direct int.}) \\
 &\quad + 2 \int dx_1 dx_2 \frac{1}{2} \psi_1(x_1)^* \psi_2(x_2)^* \psi_2(x_1) \psi_1(x_2) U(x_1 - x_2) \} K_{12} \quad (\text{"exchange interaction"})
 \end{aligned}$$

$$\langle s | H | s \rangle = \frac{5\hbar^2\pi^2}{2mL^2} + J_{12} + K_{12}$$

What happens for  $|t_1\rangle$ ?

$$\psi_{t_1}(x_1, x_2) = \frac{\psi_1(x_1)\psi_2(x_2) - \psi_2(x_1)\psi_1(x_2)}{\sqrt{2}}$$

$$\langle t_1 | H | t_1 \rangle = \frac{5\hbar^2\pi^2}{2mL^2} + J_{12} - K_{12}$$

6 Concrete example: "contact interaction"

$$V(x_1 - x_2) = \alpha \delta(x_1 - x_2)$$

$$\begin{aligned} J_{nm} &= \int_0^L dx_1 \int_0^L dx_2 |\psi_n(x_1)|^2 |\psi_m(x_2)| \cdot \alpha \delta(x_1 - x_2) \\ &= \alpha \int_0^L dx_1 |\psi_n(x_1)|^2 |\psi_m(x_1)|^2. \end{aligned}$$

Dirac  $\delta$ :

$$\delta(x) = \begin{cases} \infty & x=0 \\ 0 & x \neq 0 \end{cases}$$

$$\int_{-\infty}^{\infty} dx \delta(x) f(x) = f(0).$$

$$\psi_n(x) = \sqrt{\frac{2}{L}} \sin \frac{n\pi x}{L}. \quad \text{Explicit calc:}$$

$$J_{11} = \frac{3\alpha}{2L}$$

$$J_{12} = \frac{\alpha}{L}.$$

Claim:  $K_{12} = \frac{\alpha}{L}$ . Why?

$$\text{so } J_{12} - K_{12} = 0.$$

$$\text{In } |t_1\rangle: \quad \psi_{t_1}(x_1, x_2) = -\psi_{t_1}(x_2, x_1); \quad \psi_{t_1}(x, x) = 0.$$

$$\langle t_1 | V_{\text{int}} | t_1 \rangle = \alpha \int dx |\cancel{\psi_{t_1}(x, x)}|^2 = 0.$$

7 Summarize:

$$\langle 0 | H | 0 \rangle = \frac{\pi^2 \hbar^2}{mL^2} + \frac{3}{2} \frac{\alpha}{L}$$

~~$$\langle 5 | H | 5 \rangle = \frac{5 \pi^2 \hbar^2}{2 mL^2} + \frac{\alpha}{L}$$~~

$$\langle t_1 | H | t_1 \rangle = \frac{5}{2} \frac{\pi^2 \hbar^2}{mL^2}$$

$$E_t < E_s$$

What's ground state?  
(based on trial)

"g.s."  $\alpha < 0$ .

$\alpha > 0$

$$\frac{\pi^2 \hbar^2}{mL^2} + \frac{3}{2} \frac{\alpha}{L} > \frac{5}{2} \frac{\pi^2 \hbar^2}{mL^2}$$

$$\text{or } \alpha > \frac{\pi^2 \hbar^2}{mL},$$

$$E_t < E_0,$$

expect g.s. is  
 $j=1$  (magnetic)

Punchline: "exchange interactions"  
can favor  $|t\rangle$  over  $|0\rangle$ .

- atom/molecules: Hund's rule
- ferromagnetism.