

PHYS 5210
Graduate Classical Mechanics
Fall 2022

Lecture 33

The adiabatic theorem

November 7

1 State the adiabatic theorem.

Give $H(\underbrace{J, \phi}_{\text{A.A.}}; \underbrace{\lambda}_{\text{parameter}})$

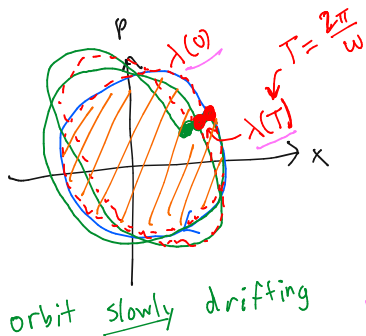
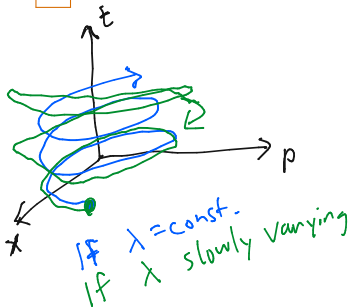
(not in AA) A.A. parameter - not coord-vary w/ time

Ex: $H = \frac{p^2}{2m} + \frac{1}{2} m \omega^2 x^2; \lambda \rightarrow \omega$

Adiabatic Thm: If we vary λ slowly,
then $\dot{J} \approx 0$ [ie J const.]
↙ adiabatic invariant.

How slowly: $\frac{\dot{\lambda}}{\lambda} \ll \omega = \frac{\partial H}{\partial J}$

2 Prove the adiabatic theorem.



Key: Time evolution in Ham is a canonical transf.

$$F(x(0), p(0)) \rightarrow (x(T), p(T))$$

$F = \text{canonical.}$

$$J = \oint dx p = \text{Area (orbit)}$$

↓ Stokes' Thm

$$\int dx dp \cdot \omega_{xp}$$

CT generated by time evol. ↓

$$\int dx dp \omega_{xp} \rightarrow \int dx(T)/dp(T) \frac{\omega_{x(T)/p(T)}}{1} = 1$$

$$= \text{Area (orbit at } t=T)$$

[Liouville's Thm: area unchanged]

3 What happens to a harmonic oscillator whose spring constant slowly increases?

$$H = \frac{p^2}{2m} + \frac{1}{2} m \omega(t)^2 x^2$$

Adiabatic? $\frac{\dot{\omega}}{\omega} \ll \frac{\partial H}{\partial J} = \frac{2\pi}{T} = \omega$, so $\dot{\omega} \ll \omega^2$ ✓

→ $J = \text{Area}(\text{orbit}) = \frac{E}{\omega}$ energy \rightarrow const.

$\omega(0) = \omega_0 \rightarrow \omega(t \rightarrow \infty) = 10\omega_0$. How much does amplitude of oscillations change?

$X =$ amplitude of osc.

$$X = \sqrt{\frac{2J}{m\omega}}$$

$$E = \frac{1}{2} m \omega^2 X^2$$

$$X \propto \omega^{-1/2}$$

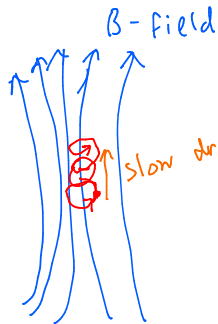
$$J = \frac{E}{\omega} = \frac{1}{2} m \omega X^2$$

$$\frac{X(\infty)}{X(0)} = \frac{1}{\sqrt{10}}$$

4 Describe the motion of a charged particle in a magnetic field.

$$H = \frac{(p_i - qA_i)(p_i - qA_i)}{2m}$$

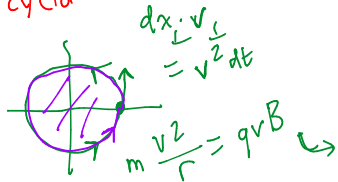
[sum convention on repeated index]



B-field

slow drift

"cyclotron"



$$dx_{\perp} \cdot v_{\perp} = v_{\perp}^2 dt$$

$$m \frac{v_{\perp}^2}{r} = qv_{\perp} B \quad \hookrightarrow$$

$$v = \frac{qB}{m} r$$

$$\omega r = v \quad \hookrightarrow \omega = \frac{qB}{m}$$

$$mv = qBr$$

Periodicity to cyclotron orbit;

$$J = \oint d\vec{x}_{\perp} \cdot \vec{p}_{\perp} = \oint d\vec{x}_{\perp} \cdot (m\vec{v}_{\perp} + q\vec{A}_{\perp})$$

$$\int dt m \left(\frac{qB}{m} r \right)^2$$

$$= \frac{2\pi}{\omega} \cdot \frac{qB}{m} qBr^2$$

$$= 2\pi qBr^2$$

$$\oint q d\vec{x}_{\perp} \cdot \vec{A}_{\perp}$$

$$= -q \int_{\text{loop}} d\vec{a} \cdot \vec{B}$$

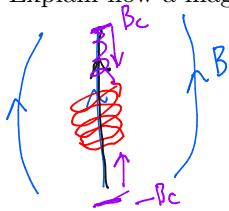
$$= -qB \cdot \pi r^2$$

J is magnetic flux thru orbit

$$J \propto Br^2 \propto \frac{v_{\perp}^2}{B}$$

5

Explain how a magnetic mirror works.



Adiabatic invar:

$$\tilde{J} = \frac{v_{\perp}^2}{B_{\parallel}}$$

How much kinetic energy?

$$E = \frac{m}{2} (v_{\perp}^2 + v_{\parallel}^2)$$

- since $q\vec{v} \times \vec{B}$ does no work, $E =$ conserved energy
[also adiabatic!]

$$E = \frac{m}{2} [B_{\parallel} \tilde{J} + v_{\parallel}^2]$$

Particle cannot proceed past $B_{\parallel} > \frac{2E}{m\tilde{J}} = B_c$